

Guidelines for Proper Disposal of Household Medication

New Jersey Department of Environmental Protection



Over the counter and prescription medications should not be disposed down the drain because wastewater treatment facilities are not designed to remove pharmaceutical compounds and they may end up in your local waterways, and may eventually be found in drinking water. Properly disposing of unwanted and expired prescriptions and over-the-counter medications in the trash promotes a healthy aquatic environment and prevents accidental poisoning and intentional abuse.

4 STEPS FOR PROPER DISPOSAL

- 1. Keep medicine in original container. Mark out personal information on prescription bottles.**
- 2. Mix liquid medicine with undesirable substances like coffee grinds, cat litter, or dirt. Dilute pills with water, then add coffee grinds, cat litter, or dirt.**
- 3. Place bottles in an opaque container, like a yogurt container, and secure lid; or wrap in a dark colored plastic bag,.**
- 4. Hide the container in the trash. Do NOT recycle.**

Improper disposal in your trash allows others to divert the substance and consume medication that was not prescribed to them.

Step 1



Mark out personal information

Step 2



Mix with water and coffee grinds, cat litter, or dirt

Step 3



Place in opaque container

Step 4



Hide in the trash

Do NOT dispose of medication down the drain or toilet.

Prevent water pollution, Promote a healthy environment, Properly dispose of your unneeded and expired medication.

Do NOT keep excess or expired medication around the home.

For More Information Contact:
DEP Solid & Hazardous Waste Program
(609) 633-1418

For proper disposal of household sharps visit:
<http://www.state.nj.us/health/eoh/phss/syringe.pdf>

Or call 609-984-6620

New Jersey Resources

New Jersey Addictions Hotline

- 1-800-238-2333 or 211
- Hotline is available 24/7.
- Trained telephone specialists educate, assist, interview and/or refer individuals and families battling addictions.
- Calls are free and confidential.
- www.nj.gov/humanservices/das/home/index.html
- www.nj211.org

New Jersey Safe Syringe Disposal Guide

- www.nj.gov/health/phss

New Jersey HIV/AIDS Hotline

- 1-800-624-2377
- Information about HIV/AIDS and other related information, including syringe access programs.
- www.nj.gov/health/aids/index.shtml



Safe Syringe Disposal



Consumer, Environmental &
Occupational Health Service
PO Box 369
Trenton, NJ 08625
(609) 826-4941

www.nj.gov/health/phss

(609) 826-4941

www.nj.gov/health

Safe Syringe Disposal

New Jersey Statute NJSA 2C:36-6 et seq. permits persons age 18 years and older (with valid photo ID) to legally possess up to 10 hypodermic needles and syringes without a prescription from licensed pharmacies. The statute also requires safe disposal of the needles and syringes to avoid injury or disease transmission.

Improper disposal of needles and syringes may cause risks to others. Used needles and syringes can transmit HIV, hepatitis B, hepatitis C and other diseases.



Loose needles, syringes and other medical sharps should be collected in heavy-duty plastic containers. Never flush them down the toilet, place in recycling bins or in household garbage. This can be a source for disease transmission to both humans and animals.

Disposing of Syringes and Needles Safely

Used needles and injecting equipment are dangerous to other people and pets if not disposed of safely. They can injure people and spread infection.

To dispose of used syringes and needles safely:

1. Place used syringes and needles into a FDA-approved sharps container or into a heavy-duty plastic container, such as a laundry detergent or bleach bottle. The bottle should be sturdy, puncture-resistant and should not leak.
2. Close the screw-on lid tightly and label the sealed container as **“Do Not Recycle-Contains Sharps”**.
3. Don't use coffee cans as plastic lids can come off easily. Don't use glass bottles which may break.



Do NOT put a plastic container with used needles and syringes out with the recyclables.

Do NOT try to remove, bend, break or recap needles used by another person. This can lead to accidental needle sticks, which may cause serious infections.

Pet owners who use needles to give medication to their pets should follow the same disposal guidelines used for humans.

Check with your local health, sanitation or public works department or trash collector before you dispose of used needles and syringes in your household trash.

The New Jersey Safe Syringe Disposal Guide provides information for individuals who use syringes, needles or other equipment about proper disposal of these items. To get a copy of *The Guide* call the NJ Department of Health's Public Health Sanitation and Safety Program at (609) 826-4941 or go to www.nj.gov/health/phss.

Many hospitals accept used needles and syringes when put in containers using the steps listed. Refer to the *Safe Syringe Disposal Guide* for specific locations and contact information.

The U.S. Food & Drug Administration (FDA) website has more information for the safe disposal of needles, syringes and other medical sharps at: www.fda.gov/safesharpsdisposal