



**Events by, for and of interest to older residents.
Open to residents of both towns, and free unless
otherwise noted.**

September 2018

**Go to our website for detailed and up-to-date information:
www.SOMATwotownsforallages.org**

AARP Network of Age-Friendly Communities

We are thrilled to announce that both Maplewood and South Orange have been accepted into the AARP Network of Age-Friendly Communities. Participation in the network involves following a multi-step process of improvement, and we are proud of all the work our towns have made in making Maplewood and South Orange age-friendly communities. Please join us at our acceptance ceremony and reception on Wednesday, October 3, 10:30 am at The Woodland in Maplewood (the former Women's Club). Open to all but please rsvp to (973) 762-8120 or SOMA2towns@gmail.com.

Senior Studio sign up

Senior Art studio returns with 2 class offerings – Mondays 10:30 - 12:30 or 1:30 – 3:30 pm. The 10 week course includes 8 painting classes and trips to the Newark Museum and local art galleries. Classes will be Sept 17 – Nov. 19 at the DeHart Community Center. To register, contact Michelle at MichelleW@twp.maplewoodnj.us or call 973-763-0750 by Sept. 10.

Concert in Memorial Park

Come hear the acclaimed US Army Band perform in Maplewood Memorial Park, on Sunday, Sept. 2, 6pm. The SOMA Two Towns for All Ages tent will be set up with chairs near the train station entrance to the park. In case of bad weather, the concert will be moved to the Maplewood Middle School, across the street from the library

Welcome Melvin to the S.O. Senior bus service. A long-time resident and driver, Melvin will be driving the senior bus on Fridays, giving Raul a much deserved day off! Raul will continue driving Monday – Thursday.

Get a free ride to the Farmers Markets

The farmers markets are in full swing and we want to help you get there! Starting Sept 5, for the month of September, seniors can use Gogo Grandparent for a free ride to the South Orange and Maplewood farmers markets. Just call 267-567-2678 and request a ride to the market about 15 minutes before you want to go, then call from your cell phone when you are ready to be picked up. You do not need to have a Gogo Grandparent account to get free rides to the farmers markets! **Rides start on September 5** *This offer is only good for South Orange and Maplewood residents age 65+ and can be used to go to either market.*

- The Maplewood market is open Monday, 2:00-7:00 pm at 1848-1852 Springfield Avenue (between Yale & Oberlin Streets). Pick up and drop off will be at the municipal parking lot behind the market (entrance from Yale).
- The South Orange market is open Wednesday, 2:00 -7:00 pm in the Sloan Street lot across from the NJ Transit station. Pick up and drop off will be on Sloan Street.

New Walking Group

For all interested – the Walking Group has begun! Join in the fun and walk around Maplecrest Park. Meet at the Gazebo on Springfield Ave, next to the Hilton Branch library

- Mondays and Wednesdays at 8 am and 5 pm, Saturdays at 9am
- For more info contact Susan Robert 973-207-3221 or sissusan@yahoo.com

MEND Food Drive, September 4 to October 27: Maplewood Main Library will be collecting food for MEND, an interfaith network of food pantries. Their hunger relief network, the largest in Essex County, has been providing food to individuals and families in need since 1980.

Adult Senior Fitness Classes Starting at The Baird

Total Body Circuit - \$143/\$133 for S. Orange residents with current Recreation ID badge

- Mondays, 9:15 am, Sept 17- Dec. 10 or
- Fridays, 9:15am, Sept 14 – Dec 14

Chair Yoga - \$78 for 13 sessions

- Mondays, 10:15 am, Sept. 17- Dec. 10 or
- Thursdays, 11:15 am, Sept. 13 – Dec. 13

Senior Fitness - \$78 for 13 sessions

- Wednesdays 10:15 am, Sept 12 – Dec. 12 or
- Fridays, 10:15am, Sept. 14 – Dec. 14

Tennis Instruction – call 973-378-7754 x 2 for details

Adult Soccer - Informal, co-ed games at Cameron Field on Monday nights. For more info email chrisblack@att.net

Art Walk and Music Fest, Maplewood Village, Sunday, Sept. 30, 11 – 5 pm

SOMA Two Towns for All Ages will once again have a tent to feature the art of older residents. Would you like to exhibit your own art from one of the classes at The Baird or the Senior Center? Call 973-762-8120 x 4005 by September 26.

September Events

Sunday, September 2

US Army Field Band and Chorus, Maplewood Memorial Park, 6 pm (in case of rain will move to Maplewood Middle School)

- The Township of Maplewood presents a free concert featuring The United States Army Field Band and Soldiers' Chorus in the Memorial Park Amphitheater. Featuring over 75 musicians and vocalists, the combined ensemble will perform a program featuring patriotic favorites, popular songs and a selection of classical works.

Hilton Neighborhood Hosts 2nd Annual Porchfest, 1 – 5 pm

- The 2nd Annual Maplewood Porchfest will be held in the Hilton neighborhood on Sunday, September 2 (rain date Sept, 3). New this year: free jitney service on Rutgers St. from Hilton Ave. to Porter Rd., so there's a little less walking and a lot more enjoying the entertainment on the porches all over the neighborhood.

Tuesday, September 4

Digital Device Clinics, Hilton Branch Library, 5 -7 pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device.

Open Auditions for The Strollers' production of "The Game's Afoot or Holmes for the Holidays", The Burgdorff Center, 7:30 - 10 pm

- Auditions for performances to run November 9 - 17
- For more information go to www.thestrollers.org

Wednesday, September 5

Creative Writing Workshop, South Orange Library, 1 pm

Blue Zones, South Orange Library, 1 pm

- Join the discussion about the Blue Zones and how to bring these concepts to SOMA

Senior Picnic, Maplewood Pool, Noon

- Annual picnic for the last day at the pool. Membership not required
- \$8
- Rain date Sept. 6

Thursday, September 6

Applications for Space in Maplewood Greenhouse, Maplewood Municipal Building, 6 pm

Maplewood Senior Bus goes to Walmart

- Call (973) 763-5287

Friday, September 7

Maplewood Senior Bus goes to Shoprite

- Call (973) 763-5287

Saturday, September 8

Dog Days of Summer, Maplewood Pool, 11 am - 1 pm

- The second annual dog day at the pool - no fighters or biters, no humans in the pool. Just bring your dog or come watch the fun.

Rent Party Family Picnic, Maplecrest Park, noon - 8 pm

- Live music, Food trucks and vendors and support the Food Drive.

12th Annual South Orange Health Fair, South Orange Fire House, 10am - 2 pm

- No-cost health screenings and informational tables will include: Eye screening, hearing screening, Himalayan bowls, lung capacity testing, blood donations, spinal screening, face painting for children, osteoporosis screening, stroke risk assessment includes (blood pressure, glucose, total cholesterol, HDL, triglycerides, and more.

Monday, September 10

Computer Classes, South Orange Library, 10 am

- Beginners can get help with email, browsing the internet, word processing, using tablets & more.

Tuesday, September 11

Digital Device Clinics, Hilton Branch Library, 5 -7 pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device.

Wednesday, September 12

Computer Explorations, Hilton Branch, 10 am

- Get the help YOU need! For beginner computer users.

Senior Club Meeting, Maplewood Senior Center, 10 am

- Entertainment at 11:30 am with singer Janice Williams

Wednesdays at the Movies, South Orange Library, 1 pm

- "The Post"

Blue Zones, The Baird, 1 pm

- Join the discussion about the Blue Zones and how to bring these concepts to SOMA

Read Around the World: India, Maplewood Main Library, 7 pm

- Ghachar Ghochar by Viveka Sanabhaga is a quietly enthralling, deeply unsettling novel about the shifting meanings—and consequences—of financial gain in contemporary India. The New Yorker calls it "A classic tale of wealth and moral ruin."

Free Adult Health Screenings, Hilton Branch, 3:30 - 5 pm

- Blood pressure and carotid bruit screening, medication, weight & health counseling, Open to Maplewood residents 18 and older. Staffed by Maplewood Health Dept. nurses. Drop in.

Maplewood Senior Bus goes to Home Depot & Target

- Call (973) 763-5287

Thursday, September 13

South Orange Library Lecture Series, South Orange Library, 1 pm

- Eugene Lieber
- Topic: Short History of the Supreme Court

Adult Health Screenings, Maplewood Municipal Building, 10 am - noon

- Drop ins welcome or call (973) 762-8120 x 4300 for an appointment

Overlook Van Screenings, Hilton Branch Library, 2 - 4 pm

- Blood glucose & body mass index screenings.

The Next Big Thing: How Podcasting is Changing Radio, Maplewood Main Library, 7 pm

- WNYC's Nancy Solomon will moderate a panel of top producers discussing the state of the podcasting industry, where it's going and its current and anticipated impact on radio.

Maplewood Senior Bus goes to Christmas Tree Shops & Bob's Discount

- Call (973) 763-5287
- Don't let the name fool you - there is so much more at the Christmas Tree Shops! Kitchen ware, home goods, etc.

Friday, September 14

Maplewood Senior Bus goes to Shoprite

- Call (973) 763-5287

Community Camp Out, New Waterlands Park, 6pm – overnight

- Call (973) 378-7754 for details

Saturday, September 15

Yarn and Fiber Arts Group, Maplewood Main Library, 10 - noon

- A gathering for people who knit, crochet, quilt, sew, embroider or do other creative things with yarn or fabric. Get feedback & advice. Bring your own supplies.

Art & Music Reception, Maplewood Main Library, 3 pm

- Watercolors by Jane Sosnow and Photography by Carol Bonosky. Live music with the Johnny Woods Band

Old Time Baseball Game, Cameron Field, 1 - 3 pm

Sunday, September 16

Play Day, South Orange Village, 1-6 pm

Monday, September 17

Professionals in Transition, Hilton Branch, 10 am

Knitting Workshop, South Orange Library, 1 pm

Try Something New, South Orange Library, 1 pm

- Write your own bio

Maplewood Garden Club, Maplewood Main Library, 7:30 - 9 pm

- "The Ever Curious Gardener: Using a Little Natural Science for a Much Better Garden"

Tuesday, September 18

Essex County Senior Wellness Day, Codey Arena, 10am - 2pm

- Open to all Essex County seniors. Go on your own or call (973) 763-5287 for transportation

Digital Device Clinics, Hilton Branch Library, 5 -7 pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device. Open to adults, teens and children. Every Tuesday evening from 5 – 7 pm at Hilton Branch.

Wednesday, September 19

"Brain Games", Maplewood Senior Center, 10 am

Creative Writing Workshop, South Orange Library, 1 pm

Thursday, September 20

Senior Circle, The Baird, 11 am

- Join in for the first meeting after summer break

Free Blood Pressure Clinic, Baird, 11 am

Movie Day -" Mama Mia", Maplewood Senior Center, 1 pm

South Orange Library Lecture Series, South Orange Library, 1 pm

- Douglas Simon
- Topic: World Political Update

Maplewood Senior Bus goes to Bed Bath Beyond & Shoprite in Springfield

- Call (973) 763-5287

Friday, September 21

Maplewood Senior Bus goes to Shoprite

- Call (973) 763-5287

Sunday, September 23

South Orange Newcomers Day, South Orange Library, 2 pm

- South Orange Village Residents and incoming SHU students meet neighbors and town managers while finding a fit with local community group

Monday, September 24

Computer Classes, South Orange Library, 10 am

- Beginners can get help with email, browsing the internet, word processing, using tablets & more.

Tuesday, September 25

Digital Device Clinics, Hilton Branch Library, 5 -7 pm

- Drop in for free one-on-one support for using your e-reader, tablet, smartphone, or other electronic device.

Run for Your Wife, Hunterdon Hills Playhouse,

- \$57.50
- Call (973) 763-0750

Wednesday, September 26

Environmental Awareness Event, South Mountain Rehab, 11:30am - 2pm

- Recycling - its in the bag.
- Tiffanie Nyzoa, Manager of the Giordano Companies will speak on "How We Can Make a Difference"
- Lunch will be served

Wednesdays at the Movies, South Orange Library, 1 pm

- "The Darkest Hour"

Addressing Long Term Care, Maplewood Main Library, 7 pm

- An overview of current long-term care options and costs. Get a better understanding of how you can position your assets now to better protect yourself from this potentially major financial burden. Presented by Jonathan Barrett, Certified Financial Planner from AXA Advisors.

Bus Trip to Ocean Grove, Maplewood Senior Center

- Call (973) 763-5287

Thursday, September 27

South Orange Library Lecture Series, South Orange Library, 1 pm

- Andrew Lehen
- Topic: Investigative reporter for the NYT will talk about current investigations

Maplewood Senior Bus goes to Marshalls at the Union Plaza Shopping Center

- includes Payless, Dollar Tree, Shoprite, GNC, Foot Locker & more
- Call (973) 763-5287

Movie Day -"The Great Gilly Hopkins", Maplewood Senior Center, 1 pm

Friday, September 28

Maplewood Senior Bus goes to Shoprite

- Call (973) 763-5287

Sunday, September 30

Art Walk and Music Fest, Maplewood Village, 11 - 5pm

- Enjoy the many art displays and vendors
- Would you like to exhibit your own art from one of the classes at The Baird or the Senior Center? Call 973-762-8120 x 4005

Location Guide:

The Baird – 5 Mead St, S. Orange (973) 378-7754

Burgdorff Center – 10 Durand Rd, Maplewood

Dehart Community Center – 120 Burnett Ave, Maplewood (973) 763- 0750

Durrand-Hedden House - 523 Ridgewood Rd, Maplewood (973)

Maplewood Main Library – 51 Baker St., Maplewood (973) 762-1622

Maplewood Hilton Library – 1688 Springfield Ave., Maplewood (973) 762-1688

Maplewood Senior Center – 106 Burnett Ave., Maplewood (973) 763- 0750

Maplewood Municipal Building – 574 Valley St., Maplewood, (973) 762-8120

The Pierro Gallery – inside the Baird, 5 Mead St., S. Orange (973) 378-7754

South Orange Library – 65 Scotland Rd., S. Orange (973) 762- 0230

South Orange Village Hall – 76 S. Orange Ave., (973) 378-7715

The Woodland - 60 Woodland Rd., Maplewood

Winchester Gardens – 333 Elmwood Ave., Maplewood (973) 762-5050

If you would like to receive information, mailings and emails from SOMA Two towns for all ages, or post an event in our calendar, please email Crowe@twp.maplewood.nj.us or leave a message at (973) 762-8120 x 4005.