

PREPARE A... DISASTER SUPPLIES KIT

There are six basics you should stock in your home:

Water, food, first aid, clothing and bedding, tools, and emergency supplies and special items. Keep the items you will most likely need during an evacuation in an easy-to-carry container such as a large, covered trash container, camping backpack or duffle bag. Keep a smaller version of the disaster supplies kit in the trunk of your car.

Water

Store one gallon of water per person per day Replace supply every six months

How to Store Water...

Store your water in thoroughly washed plastic, fiberglass or enamel-lined metal containers. Never use a container that has held toxic substances. Plastic containers, such as soft drinks bottles, are the best. You can also purchase food-grade plastic buckets or drums. Seal water containers tightly, label them and store in a cool, dark place.

Food

Store at least a three-day supply of non-perishable food for each person. Select foods that require no refrigeration, cooking or preparation. Select foods items that are compact and light-weight and rotate the food supplies every six months.

- Ready to eat canned meats, fruits and vegetables
- Juices - canned, powdered or crystallized
- Soups - bouillon cubes or dried soups in a cup
- Smoked or dried meats such as beef jerky
- Milk - powdered or canned
- Stress foods - sugar cookies, hard candy
- Staples - sugar, salt, pepper
- High energy foods - peanut butter, nuts, trail mix, etc...
- Vitamins
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Non-Prescription medications

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid
- Emetic (to induce vomiting)
- Laxative
- Eye wash
- Rubbing Alcohol
- Antiseptic or hydrogen peroxide
- Activated Charcoal
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**SOUTH
ORANGE
VILLAGE**

Sanitation

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach
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Clothing and Bedding

Include at least one complete change of clothing and foot ware per person

- Sturdy shoes or work shoes
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear
- Sunglasses
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Special Items

Remember family members with special needs such as infants, elderly or disabled individuals

for **BABY**

- Formula
- Powdered milk
- Diapers
- Medications
- Bottles
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for **ADULTS**

- Heart and high blood pressure medications
- Contact lenses and supplies
- Insulin
- Extra eye glasses
- Entertainment - games for children; books for adults
- Prescription drugs
- Denture needs
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Important **FAMILY DOCUMENTS**

- Will, insurance policies, contracts, deeds, stock and bonds certificates
- Inventory of valuable household goods
- Bank account numbers
- Important telephone numbers
- Family records (birth, marriage, death Passports, social security cards)
- Credit card account numbers and companies
- Immunization Records
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